

# The Alzheimer's Questionnaire (AQ-21)

## How To Score

Pick 1 answer to each of the 21 questions (yes or no). Then add up all the points to arrive at a final score.

**1. Does your loved one have memory loss?**

**Y = 1 N = 0**

**2. If so, is their memory worse than a few years ago?**

**Y = 1 N = 0**

**3. Do they repeat statements or stories in the same day?**

**Y = 2 N = 0**

**4. Have you had to take over tracking events or appointments, or does the patient forget appointments?**

**Y = 1 N = 0**

**5. Do they misplace items more than once a month?**

**Y = 1 N = 0**

**6. Do they suspect others of hiding, or stealing items when they cannot find them?**

**Y = 1 N = 0**

**7. Does your loved one frequently have trouble knowing the day, date, month, year, and time; or check the date more than once a day?**

**Y = 2 N = 0**

**8. Do they become disoriented in unfamiliar places?**

**Y = 1 N = 0**

**9. Do they become more confused when not at home or when traveling?**

**Y = 1 N = 0**

**10. Excluding physical limitations, do they have trouble handling money, such as tips or calculating change?**

**Y = 1 N = 0**

**11. Do they trouble paying bills or doing finances?**

**Y = 2 N = 0**

**12. Does your loved one have trouble remembering to take medicines or keeping track of medications taken?**

**Y = 1 N = 0**

**13. Do they difficulty driving; or are you concerned about their driving?**

**Y = 1 N = 0**

**14. Are they having trouble using appliances, such as the stove, phone, remote control, microwave?**

**Y = 1 N = 0**

**15. Excluding physical limitations, are they having difficulty completing home repair or**

**housekeeping tasks? Y = 1 N = 0**

**16. Excluding physical limitations, have they given up or cut down on hobbies such as golf, dancing, exercise or crafts?**

**Y = 1 N = 0**

**17. Are they getting lost in familiar surroundings, such as their own neighbourhood?**

**Y = 2 N = 0**

**18. Is their sense of direction failing?**

**Y = 1 N = 0**

**19. Do they have trouble finding words other than names?**

**Y = 1 N = 0**

**20. Do they confuse names of family members or friends?**

**Y = 2 N = 0**

**21. Do they have trouble recognizing familiar people?**

**Y = 2 N = 0**